

Patient Name

SAMPLE

Patient Date of Birth

dd/mm/yyyy

Test Analysis

SAMPLE

Date Completed



**Disclaimer**

Please note we do not provide medical advice or services. If you have health disorders, medical conditions, or any condition needing medical supervision you should consult your doctor or medical professional. All products and services are provided for educational purposes and research purposes only and are not intended to be a substitute for a proper medical consultation; and the site, services, products and materials may support the relationship between you and your healthcare provider, but are not intended to replace it. They should not be used as a substitute for professional diagnosis and treatment. If you suffer from any health condition you must consult your doctor or medical professional. We do not recommend self-diagnosis or self-medication, and no information within our site or presented by us or our associates may be construed or interpreted as recommending self-diagnosis or self-medication.



PATIENT FIRST NAME :

PATIENT SURNAME:

DATE OF BIRTH:

GENDER:

ADDRESS:

### Lab Tests Direct

BLOOD - SERUM

**SOMATEMEDIN C (IGF1)**

Result

**12.00**

Range

10.70 - 45.00

Units

nmol/L



**Comments:**

IGF-1 is low, suggesting low growth hormone production. In adults, GH is needed to maintain healthy body composition. Low growth hormone production may be associated with premature aging, chronic illness, heart disease, and/or insulin resistance. In addition, growth hormone deficiency may lead to poor memory, low stamina, and low libido. Growth hormone levels decline with age, approximately 14% per decade after age 20. Chronic insomnia may lead to low growth hormone production. GH therapy may be worth considering.